The Rockland Harbor Trail

Discover the Trail

Herb Walk

Where: Meet at Harbor Park

When: Sunday, June 7
1 - 2:30 PM

"Come and learn about the medicinal properties of the little plants, herbs, and "weeds" that we shouldn't take for granted!"
-Clinical Herbalist Amie Daniels

For more information and to register for the herb walk, please contact Amie at: rootedandlifted@gmail.com

Photo by Ann Brown Photography

Sponsored by the Rockland Harbor Trail Committee with support from the Maine State Credit Union