

Thomas Dowd Professional Development and Coaching

tomdowd@roadrunner.com

P.O. Box 284 Rockport, ME 04856

Cell (207) 596-3217

www.transformationtom.com

Follow on Twitter @TomDowd4



Thomas B. Dowd III Bio

Tom Dowd is a graduate of the University of Delaware with a Communication degree, concentrating on interpersonal and organizational communication. Tom is a prize-winning speaker, an award-winning author, trainer, and coach—all spurred by his need to be more than a painfully shy and introverted individual on a rollercoaster ride of success. As a member of Toastmaster International, a group dedicating to improve communication and leadership skills, he was awarded the District 45 Outstanding Toastmaster of the Year in 2011 representing over 100 clubs in Maine, New Hampshire, Vermont and the three eastern most provinces of Canada. Tom is also the two-time impromptu District 45 Speech champion (2012 and 2013), a member of the National Speakers Association and the Global Speakers Federation.

With over 23 years of experience in the financial industry in management and leadership roles at the same organization and a plethora of inconsistency on this professional journey, Tom received the call nobody wanted: “We’re downsizing.” After unexpectedly losing his full-time job, Tom landed in a better place in just 59 days using methods from his coaching and training—none of this was possible without an ironclad network. He is now a VP at one of the larger financial institutions in North America. In 2011, he started his own side business “Thomas Dowd Professional Development & Coaching” where he continues to use the lessons learned on his climb up the corporate ladder to help people creatively find ways to differentiate themselves in the workplace and to find their own individual paths toward success. The mantra is “Transform into who you really want to be.” Tom is the award-winning author of two books. “The Transformation of a Doubting Thomas: Growing from a Cynic to a Professional in the Corporate World,” details Tom’s own professional growth based on lessons learned in his career, which received Honorable Mention at the 2012 New England Book Festival. “From Fear to Success: a Practical Public Speaking Guide” won the Gold Medal at the 2013 Axiom Business Book Awards in the Business Reference Category. Both are available in book and eBook versions, while “Fear” is also available as an audiobook. His most recent book, derived from the unemployed stint, “Displacement Day: When My Job was Looking for a Job” is with Motivational Press and will be published shortly.

Locally, Tom has spoken at many of the nearby Rotary, Kiwanis, and Lions Clubs, is a member of the US National Toboggan Committee, and announcer of the event. He lives in Camden Maine with his wife and three daughters. He can be contacted at www.transformationtom.com or tomdowd@roadrunner.com. Follow Tom on twitter: @TomDowd4. Connect on Facebook under Thomas Dowd Professional Development & Coaching and on LinkedIn listed as Thomas B Dowd.